

Short Form

Here is an easy way to get started ...

Stage 1: Growing Up	
• Infancy	
• Early Education	
• Middle School	
• High School	
• College	
• Post College	
• Stepping Out into the World	
Stage 2: Adulthood	
• Career	
• Dating and Mating	
• Young Kids	
• Other	
Stage 3: Maturity	
• Career Part 2	
• Teenage Kids	
• New Physical Issues	
• Helping Parents	
• Other	
Stage 4: Elderhood	
• Disengagement from Work	
• Passions and Interests	
• New Role in Family	
• Old and New Friends	
• Health Issues	
• Spiritual Growth	
• Death & Dying	