

Neighbors Helping Neighbors

Getting Organized for Emergency Preparedness



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*** Version D ***

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Getting Organized for Emergency Preparedness

- **Context**
- **Types of Housing**
- **3 Types of Emergencies**
- **Needed Prior to an Emergency**
- **Desired State**
- **Problem Statement**
- **Solution**
- **Resources**
- **OK-Help Signs**

Context

An Individual

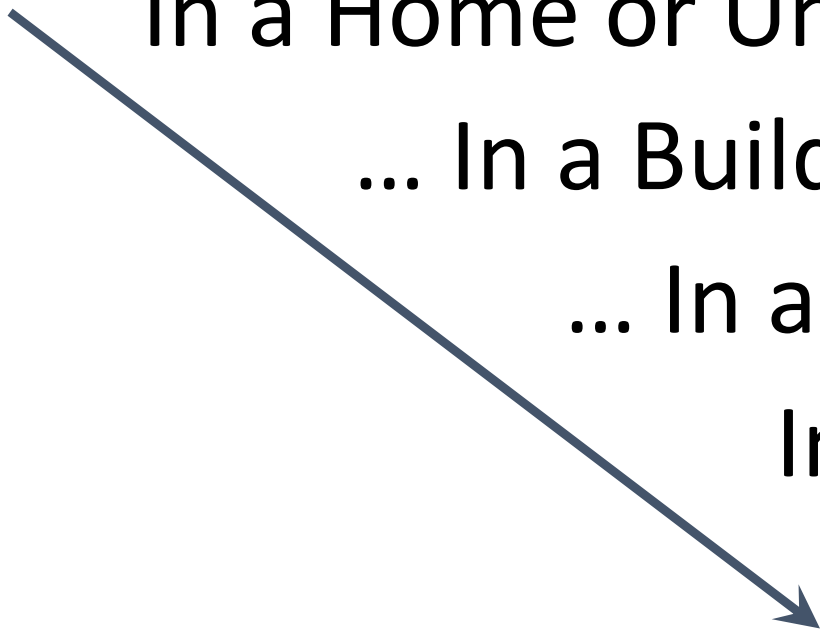
In a Home or Unit

... In a Building

... In a Complex

In a Neighborhood

In a Community



Types Housing

Homes

Owners and HOAs

Apartments & Townhouses

Renters and Property Managers

- Large Complexes (50 to 500+ units)
- Small Complex (under 50 units)
- Duplex, Triplex and Quad Apartments
- Rentable Townhouse Units

Condominiums

Owners and HOAs

- Apartments
- Townhouses

3 Types of Emergencies

“Catastrophic” Emergency

- The “big one”
- Recovery could take 30+ days

“Major” Emergencies

- Roads blocked, trees and wires down, no power in wide area
- Recover could take 7 – 10 days

“Minor” Emergencies

- Confined to a local area

About Emergencies

Causes of Emergencies ...

- Water Pipe Break
- Sewer Line Break
- Gas Line Break
- Electrical Outage
- Hazardous Waste
- Hot or Cold Weather
- Cell Phone Outage
- Smoke
- Fire
- Wind
- Flood
- Toxic Fumes
- Broken Glass
- Toppled Furniture
- Building Collapse
- Wires Down
- Trees Down
- Roads Blocked
- Stores Closed

Potential Needs ...

Food and Water
Ability to Cook Food
Heating or Cooling
Medication
Medical Care
Lighting
Telephone Service
Search & Rescue
Short-term Shelter (Public, Family or Friend)
Long-term Shelter (Public or New Place to Live)
Power Bricks
Gas for Car
Protect Pets
Tents, Portable Tables and chairs
Extra Blankets
Tarps and Rain Wear
Radios and Training in Their Use
Fire Extinguishers and Training in Their Use
Escape Ladder or Chute
Cash (since ATMs may be own)
“To Go” Bag
Updates on Status of Emergency

Needed Prior to an Emergency

1. **Awareness**

Emergencies are real and can occur at any time

- Form a Resident Group
- Talk with your neighbors

2. **Educate** Yourself

How to prepare (food, water, special tools, etc.).

3. Gather **Information**

List of Volunteer Resources in your area

4. **Connect** with Your Neighbors

Ability to distribute resource information to neighbors at start of emergency

5. **Supplies**

Emergency supplies purchased individually or as a group

Desired State

Neighbors helping neighbors
manage during the **first 3 to 4**
days of an emergency

Problem Statement

Residents ...

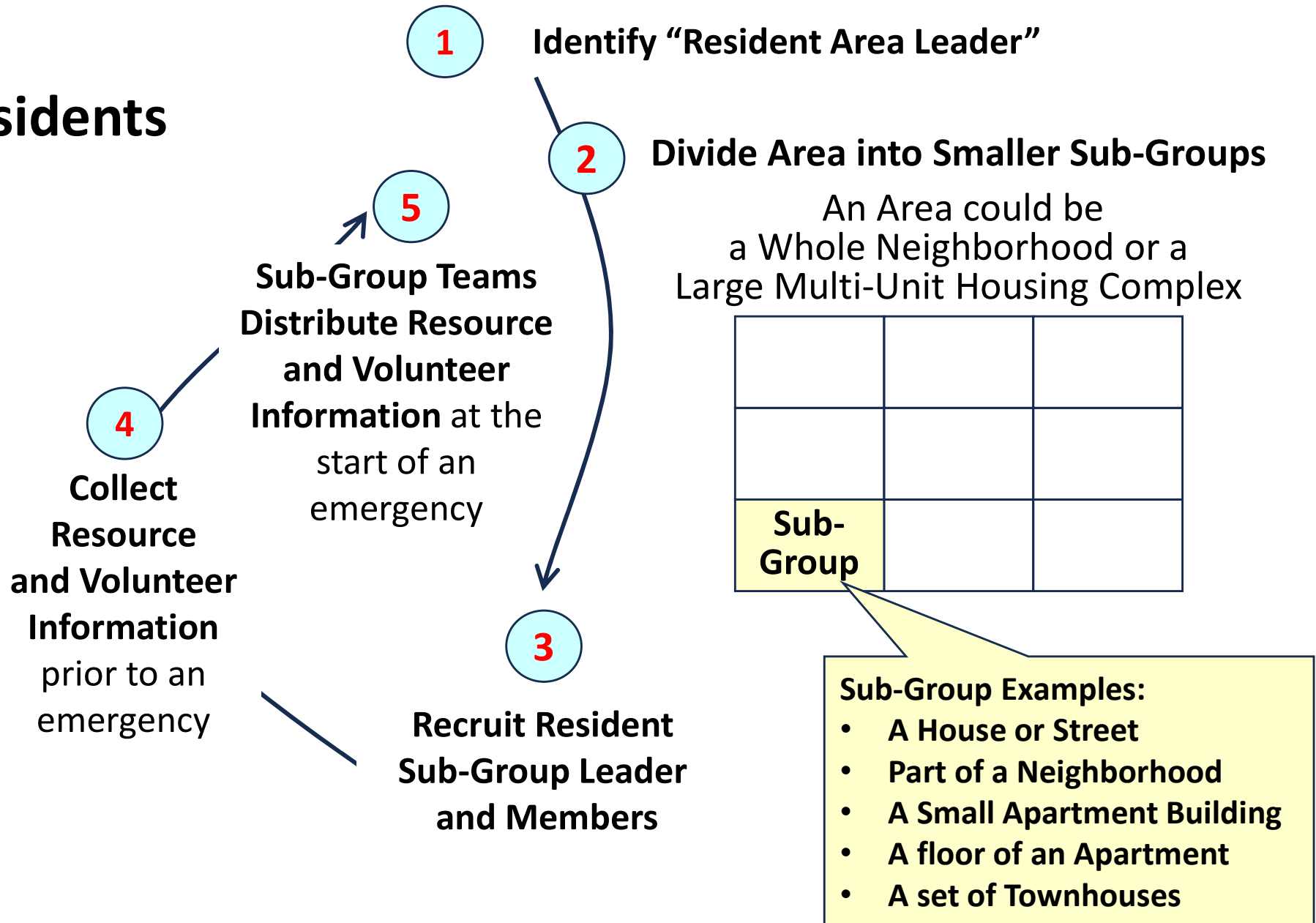
- are not prepared or organized to respond to an emergency
- often believe that someone will come to help them during an emergency (which may not be the case)

Solution – Residents Get Organized

1. Form an **“Area Group”** and identify an **“Area Group Leader”**
2. Identify **smaller sub-groups** as appropriate
3. Identify **Sub-Group Leaders and Members** for each sub-group
4. **Sub-Groups Collect** Resource and Volunteer information **prior to** an emergency
5. **Sub-Groups Distribute** Resource and Volunteer Information at the **start** of an emergency

Solution – Residents Get Organized

Residents



Solution - Supplies

Recommended Action

Preparedness Starts at Home ...

- **Emergency Multi-Tool:** Gas & Water Shut Off, Pry Bar, 4 in 1, Non-Sparking, Emergency earthquake Gas Shut Off Valve - Fireman Tools - Gas Turn Off Wrench - Tern Tool
- **Portable Power Station:** Lithium Battery Power, AC, DC, USB QC3.0, used for LED flashlight, charging cell phone, CPAP, and running refrigerator
- **Headlamp Flashlight:** USB Rechargeable Led Head Lamp
- **Emergency Food Bucket:** 150-200 total servings, variety of meals, just add water
- **Water:** 1 gallon per day per person and pet
- **Window sign** with “OK” on one side with a green background and “Help” on the other side with a red background.
- **Garbage Bags** - Large Heavy Dusty Black Plastic and smaller White Plastic

Solution - Supplies

Recommended Action (continued)

Preparedness Starts at Home ...

- **Radios** – two way and with City and training in their use
- **Temporary Shelter** – Tent, Extra Blankets, Table and Chairs, Portable Stove
- **Fire Extinguishers** - and training in their use
- **Escape Ladder** or Chute
- **Cash** since ATMs may be down
- Prepare a **“To Go” Bag** in case a resident has to evacuate their residence. Strap down water heater
- **Prepare Furniture** - attach furniture, such as bookcases, to wall so they won't tip over

Resources

- **PrepLO (Preparedness Lake Oswego) Publications**
 - <https://www.preplo.org/downloads>
- **DoD Emergency Preparedness Guide (20 pages)**
 - <https://www.militaryonesource.mil/products/departments-of-defense-emergency-preparedness-guide-708/>
- **Emergency Preparedness Supplies – A List and Links**
 - <https://seniormarketplace.net/emergency-preparedness-supplies>
- **Getting Organized for Emergency Preparedness**
 - [Neighborhood Disaster Readiness](#) (16 Slides)
 - [Organizing for Emergency Preparedness](#) - Neighbors Helping Neighbors (This Presentation - 16 Slides)
- **Put Together an Emergency “To Go” Bag**
 - <https://seniormarketplace.net/putting-together-an-en/>

OK

We are OK and have evacuated. We can be contacted at:

Place in window visible from the street

HELP

Resident

Name:

Phone #:

Emergency Contact

Name:

Phone #: